

PARUL INSTITUTE OF AYURVED & RESEARCH

EXPERT LECTURES 2024

EXPERT LECTURE ON ANEMIA INTRODUCTION & APPLIED ASPECTS OF CELL- LINE STUDIES

Department of Kriya Sharir organised a Guest lecture on the topic “Introduction & Applied Aspects of Cell-Line Studies. Dr.Girish Babu K accepted the request with great enthusiasm and motivated the students. He had explained in detail about ‘Introduction & Applied Aspects of Cell- Line’ during the session. Dr.Athira 1st year PG Scholar welcomed & introduced the guest. Faculty and PG Scholars Department of kriya sharir , RSBK, Rognidan and Dravyaguna actively participated in the session and interactive session was very much informative to all. Technical support provided by Dr.Kalptaru Roy 1st year PG Scholar, Around 17 participants got benefitted during this session From above 4 Departmental PG Scholar. Dr. Prassana Mathod professor & HOD of Dept. of RSBK Gave Keynote address. Dr.Girish Babu K being felicitated by Dr.Hrishita Dahilekar, HOD of Dept. of Rognidan. Dr.Girish Babu K has explained in detail about Applied Aspects of Cell- Line Studies during the session. Social and clinical utility has been explained in detail during the session for the benefit of the participants Dr.Bhaskar Gomtiwal, 1st year PG Scholar rendered vote of thanks at the end of the session.



EXPERT LECTURE ON KSHARA NIRMANA VIDHI

Department of Shalya Tantra organised a Guest lecture on the topic Kshara Nirmana Vidhi by the Expert Prof. M D Samudri, HOD, Shalya Tantra Department, DGM Ayurvedic College, Gadag on 24.02.2024.



EXPERT LECTURE SERIES ON – PATHOLOGY

The pathology guest lecture series for PG Students was organized by Roga Nidana Evum Vikriti Vigyan department of Parul Institute of Ayurved and Research. First, we addressed and introduced Guest speaker Ms Krishna Mohan, then presented agenda of guest lecture to all students. The lecture was delivered by the guest speaker in 6 consecutive weeks for one hour each. She provided an overview of the syllabus through PPT including images, videos related to topic and interacted with students clarifying their doubts.

Objective:

- 1) Updating knowledge
- 2) Clinical relevance
- 3) Awareness of the topic
- 4) Critical thinking and discussion
- 5) Evaluating and feedback from students

Details about the activity

DATE	TOPIC	LECTURE HOUR
10/08/2024	Introduction to basic microbiology	01 hour
24/08/2024	Bacterial classification and disease	01 hour
31/08/2024	Fungal classification and disease	01 hour
05/10/2024	Virus classification and disease	01 hour

09/10/2024	Parasitology - introduction	01 hour
11/10/2024	Introduction of culture and sensitivity method	02 hour



EXPERT LECTURE ON MANAGEMENT OF SHWASA

Guest lecture was organized by dept of kaya chikitsa on the topic of **Management of Shwasa** for the UG students on 31/12/2024 from 02:00 pm to 03:00 pm. Dr. Lakshmi Prasad L Jadhav was the guest speaker for this lecture. He took the session with practical examples regarding the topic. Sir explain with proper details of like nidana, Purvarupa, rupa and chikitsa of Shwasa with its modern aspect, photographic view and video. Students also asked the queries about their doubts related with topic. It was very informative session and satisfying too. Students also got the chance to interact with guest speaker.



EXPERT LECTURE ON MANAGEMENT OF PHARMACOVIGILANCE

The Department of Dravyaguna, Parul Institute of Ayurveda and Research, conducted a Guest lecture featuring Dr. Kavya Nagrajana (M.D Dravyaguna Department, Rashtrotthana Hospital, Bangalore on 20th December from 2:00 to 3:00 PM. The program was anchored by Dr. Kruti Patel. Dr. Kavya Nagrajana delivered an expert talk on the importance of Pharmacovigilance.

A total of 80 students attended the session. The vote of thanks was expressed by Dr. Bhavin Dhanavade. The Students gained valuable insights into the integration of pharmacovigilance principles within traditional medicine, enhancing their ability to ensure patient safety and the efficacy of herbal formulations. Overall, the lecture emphasized the critical role of vigilance in promoting safe and effective healthcare.



EXPERT LECTURE ON HIDDEN AREAS OF SAMHITA (FDP)

Department of Samhita Siddhanta had arranged Faculty development program especially for the teaching staff of Parul Institute of Ayurved and Research. Dr. Rakesh Salve Director of Arihant Ayurvedic Medical college and Research Institute, Swarnim Start up University, Gandhinagar is well known academician and having expertise in the field of Samhita specially Ashtang Hridaya. He had given a lecture on Hidden areas of Samhita in Faculty Development Program on the occasion Charak Jayanti Celebration. Sir has explored many concepts from Ashtang Hridaya, specially related to reading and understanding of Samhita also explained tools for better understanding of Samhita



EXPERT LECTURE ON CLOSING THE GAP, BREASTFEEDING SUPPORT FOR ALL (FDP)

On the occasion of world breast feeding week celebration, Department of Kaumarabhritya, PIAYR, organized FDP series on 6th August 2024. . The program commenced with Dhanwantari Stuti by Dr Paridhi Sisodiya, 1st-year PG Scholar in the Dept. of Prasuti Tantra and Streeroga. . The guest speaker was welcomed to the dais along with the Principal, PIAYR, Dr. Sreevisakh T S, Professor & HOD, Dept. of Kaumarbhritya, PIAYR. The whole FDP program were anchored by Dr Yash Mishra a 1st-year PG Scholar in the Dept. of Kaumarabhritya and Dr Neha a 1st-year PG Scholar in the Dept. of Prasuti Tantra and Streeroga. Dr BG Kulkarni, Principal of Parul Institute of Ayurveda and Research and other dignitaries lighten the lamp in inauguration session. A series of FDP conducted by experts in the field Dr Uma Nayak ma'am took 1st session on the Topic. Closing the Gap, Breastfeeding support for all. 2nd session was conducted by Dr Sheila Aiyer on the topic of Challenges in Breast feeding. The session was coordinated by Dr. Sreevisakh T.S. and other KB faculties of PIAR.



EXPERT LECTURE ON QUALITY MANAGEMENT SYSTEM AND INTERNAL AUDIT TRAINING

The Quality management system and internal audit training for the faculties and lab technicians of PIA & PIAR was organized by Parul University on 24-09-2024 to 26-09-2024. First, we addressed and introduced Guest speakers Mr Neeraj Jain, President & Course director of MELAP and Mr Dilip Kumar, Associate director. Then presented the agenda of training to all faculties and lab technicians. The lecture was delivered by the guest speakers in consecutive 3 days. They provided an overview of the syllabus through PPT, booklet is provided with study material. Worksheets are provided for each point covered. This workshop enhanced our

knowledge and skills on quality management systems, enabling laboratories to strive for excellence.

Details about the activity:

DATE	TOPIC	LECTURE HOUR
24/09/2024 to 26/09/2024	<ul style="list-style-type: none">• Scope• Terms and definitions• General requirements• Structural and governance requirements• Resource requirements• Process requirements• Management system requirements	9am to 5pm



EXPERT LECTURE ON POLYCYSTIC OVARIAN DISEASE

A Guest lecture on "Polycystic Ovarian Disease" was organized by the Dept. Of Prasuti Tantra & Streeroga of Parul Institute of Avurved and Research for the students of Fourth year BAMS and P.G. scholars of Dept of Prasuti tantra Evum Stree Roga on 27-9-2024 in the Dhanvantari Hall from 10 am onwards.

Short CV: The resource person was Dr.Rita Parikh, MS Gynecolgist, VR Hospital, Vadodara, Gujarat.

Details about The Activity: P.G. scholars, UG students academicians and practitioners interested in the topic including students and teachers attended the lecture at Dhanvantari Hall by 10 am. Dr. Poornima Suresh Iyer. Professor of the Department of Prasuti tantra & Streeroga welcomed the speaker and delivered an introductory speech about the guest speaker

Dr.Rita Parikh. After the welcome address, the speaker delivered her lecture about PCOS and its detailed causes. She shared her experiences of case studies wherein, PCOS had been relieved by following the addition of diet management and exercise .She shared valuable insights that emphasized the importance of the regime.

To bring the knowledge to the students about current adulthood reproductive problems.

- To emphasize the importance of the causative factors of PCOS amongst the students.
- To share clinical cases involving diet and exercise as an adjuvant therapy amongst students.

Dr. Rita Parikh provided valuable insights about the management of various PCOS problems that she had treated

Outcome/Feedback

All the participants got some new ideas about the effectiveness of adjuvant therapies for Gynaecological problems. The importance of causative factors of PCOS was also highlighted in this session. The session was very interesting and informative since it included a wonderful power point presentation also



EXPERT LECTURE ON GIRL CHILD EMERGING ERAS OF INVENTION

Guest lecture on "GIRL CHILD EMERGING ERAS OF INVENTION" was organized by the Dept of Prasuti Tantra & Streeroya, Parul Institute of Ayurved and Research for the students of all Post graduate, BAMS, Parul Institute of Ayurved and Kearch in Seminar Hall, on 03,02.2024 from 11 am to 12 pm.

Short CV: The resource person was Prof [Dr.] M.N, Parmar, Dean Faculty Of Social Workparul University Limda Gujarat.

Details about The Activity: The seminar started with a welcome address done by Dr Manjusha Karkare, HOD, Department of Prasuti Tantra & Streeropa, PIAR(Ayurved). The session started at 11.15AM. "GIRL CHILD EMERGING ERAS OF INVENTION" was dealt with in detail. The session was anchored by Postgraduate student Dr. Paridhi, Question and answer session was allotted. The session was concluded by a Vote of thanks by Postgraduate student Dr Anupriya.

The objectives of the program were:

- To bring the knowledge to the students about current adulthood reproductive problems.
- To impart clinical knowledge to students.

Outcome/Feedback

The session was very much interesting and informative since it included a wonderful PowerPoint presentation



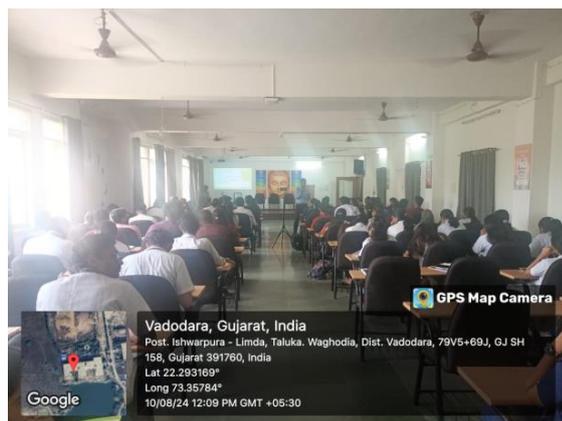
EXPERT LECTURE ON SKIN DISORDERS AND THEIR CLASSICAL MANAGEMENT

Guest lecture was conducted on the topic of **Skin disorders and their classical management** for the PG students and faculties on 13/11/2024 from 02:00 pm to 04:00 pm. Dr. Jithinraj R S was the guest speaker for this lecture. He took the session with practical examples regarding the topic. Sir explain with proper details of like nidana, Purvarupa, rupa and chikitsa of Kushtha with its modern aspect and photographic view. Students also asked the queries about their doubts related with topic. It was very informative session and satisfying too. Students also got the chance to interact with guest speaker.



EXPERT LECTURE ON ACCOUNT OF CHARAK JAYANTI CELEBRATION

Department of Samhita Siddhanta had arranged Faculty development program especially for the teaching staff of Parul Institute of Ayurved and Research. Dr. Rakesh Salve Director of Arihant Ayurvedic Medical college and Research Institute, Swarnim Start up University, Gandhinagar is well known academician and having expertise in the field of Samhita specially Ashtang Hridaya. He had given a lecture on Hidden areas of Samhita in Faculty Development Program on the occasion Charak Jayanti Celebration. Sir has explored many concepts from Ashtang Hridaya, specially related to reading and understanding of Samhita also explained tools for better understanding of Samhita



EXPERT LECTURE ON CONCEPT OF MARMA SHARIR IN CURRENT SCENARIO

The guest lecture was conducted by Dr. Jyoti V for UG first Professional year, aimed to provide insights in Marma Sharir. The session was about the types of Marma, significance of Marma and Marma in current scenario. Clinical relevance of Marma was enumerated. An interactive

question and answer session to address student queries. The session was both engaging and highly informative. The students found the lecture clear and interesting.



EXPERT LECTURE ON NERVE PLEXUS AND IT'S CLINICAL IMPORTANCE

The guest lecture was conducted by Dr. Premanand B Bhalerao for UG first Professional year, focusing on Nerve Plexus and it's clinical importance. The session was about the overview of the nerve plexus. Discussion on various types of nerve plexuses and it's clinical importance. An interactive question and answer session to address student queries. The session was both engaging and highly informative. The students found the lecture clear and interesting.



UG GUEST LECTURE
Organized by Department of Rachana Sharir
Faculty of Ayurved, Parul Institute of Ayurved and Research,
Parul University





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JULY

**10:00 A.M. TO
11:00 A.M.**



EXPERT SPEAKER
Dr. Premanand B. Bhalerao

MD.PhD. (Rachana)
Associate Professor,
YMTAMC, Mumbai

TOPIC : NERVE PLEXUS AND IT'S CLINICAL IMPORTANCE

COORDINATORS

<p>Dr.Nimesh Sangode Associate Professor & HOD, Department of Rachana Sharir</p> <p>Dr.Siddharth Roy Assistant Professor, Department of Rachana Sharir</p>	<p>Dr.B.G.Kulkarni Principal Department of Rachana Sharir</p> <p>Dr.Ravi Joshi Associate Professor, Department of Rachana Sharir</p> <p>Dr.Sujata Rathore Assistant Professor, Department of Rachana Sharir</p>
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EXPERT LECTURE ON EMBRYOLOGY AND IT'S CLINICAL IMPORTANCE

The guest lecture was conducted by Dr. Premanand B Bhalerao for PG first year, aimed to provide insights in Embryology. The session was about the definition of embryology, general features of sperm and ovum etc. Embryology and it's clinical importance was enumerated. An

interactive question and answer session to address student queries. The session was both engaging and highly informative. The students found the lecture clear and interesting.



PG GUEST LECTURE
Organized by Department of Rachana Sharir
Faculty of Ayurved, Parul Institute of Ayurved and Research,
Parul University





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JULY

**12:00 P.M. TO
01:00 P.M.**



EXPERT SPEAKER

Dr. Premanand B. Bhalerao

MD PhD (Rachana)
Associate Professor,
YMTAMC, Mumbai

TOPIC : EMBRYOLOGY AND IT'S CLINICAL IMPORTANCE

COORDINATORS

Dr. B. G. Kulkarni
Principal
Department of Rachana Sharir

Dr. Nimesh Sangode
Associate Professor & HOD,
Department of Rachana Sharir

Dr. Siddharth Roy
Assistant Professor,
Department of Rachana Sharir

Dr. Ravi Joshi
Associate Professor,
Department of Rachana Sharir

Dr. Sujata Rathore
Assistant Professor,
Department of Rachana Sharir



EXPERT LECTURE ON GARBHA UTPADAK SAMAGRI

The guest lecture was conducted by Dr. Shiny Thankachan for UG first Professional year, focusing on the role of Garbha utpadak samagri in epigenetic landscape of the fetus. The session enumerated the ritu, kshetra, ambu, and beeja in detail. Discussion on importance of Garbha utpadak samagri. An interactive question and answer session to address student queries. The session was both engaging and highly informative. The students found the lecture clear and interesting.



EXPERT LECTURE ON SANDHI SHARIR

The guest lecture was conducted by Dr. Sakshi Waghmare for UG first Professional year, focusing on Sandhi Sharir. The session was about the overview of the Sandhi Sharir.

Discussion on various types of sandhi. An interactive question and answer session to address student queries. The session was both engaging and highly informative. The students found the lecture clear and interesting.



EXPERT LECTURE ON HISTOLOGY

The guest lecture was conducted by Dr. Parvathy S. for UG first Professional year, focusing on Histology. The session was about the overview of the histology. Discussion on histological techniques, overview of the four tissue types. An interactive question and answer session to address student queries. The session was both engaging and highly informative. The students found the lecture clear and interesting.



EXPERT LECTURE ON CERVICAL VERTEBRAE A PROBLEM-BASED ANALYSIS

The guest lecture was conducted by Dr. Vishnu Damodar for UG first Professional year, focusing on cervical vertebrae a problem-based analysis. The session was about the overview

of the Cervical Vertebrae.. Discussion on common problems affecting cervical vertebrae. An interactive question and answer session to address student queries. The session was both engaging and highly informative. The students found the lecture clear and interesting

UG GUEST LECTURE
Organized by Department of Rachana Sharir
Faculty of Ayurved, Parul Institute of Ayurved and Research,
Parul University

03 MAY 2024 | **11:15 A.M. ONWARDS**

EXPERT SPEAKER
Dr. Vishnu Damodar
Assistant professor,
Vaidyaratnam Ayurveda college,
Thrissur,
Kerala

TOPIC : CERVICAL VERTEBRAE A PROBLEM BASED ANALYSIS

COORDINATORS
Dr. B. G. Kulkarni
Principal & Professor
Department of Rachana Sharir

Dr. Nimesh Sangode
Associate Professor & HOD,
Department of Rachana Sharir

Dr. Siddharth Roy
Assistant Professor,
Department of Rachana Sharir

Dr. Ravi Joshi
Associate Professor,
Department of Rachana Sharir

Dr. Sujata Rathore
Assistant Professor,
Department of Rachana Sharir



EXPERT LECTURE ON THE EXTERNAL FEATURES OF THE SPINAL CORD

The guest lecture was conducted by Dr. Siddharth K Roy for UG first Professional year, focusing on the Anatomy of the external features of the Spinal Cord. The session was about the overview of classification of Nervous System, neurons, and the external features of the Spinal Cord. Discussion on Vertebral level , Spinal segments and modification of Spinal Pia matter. An interactive question and answer session to address student queries. The session was both engaging and highly informative. The students found the lecture clear and interesting.



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techniques, overview of the four tissue types. An interactive question and answer session to address student queries. The session was both engaging and highly informative. The students found the lecture clear and interesting.



EXPERT LECTURE ON SKULL AND ITS FORAMINA

The guest lecture was conducted by Dr. Girish Kulkarni for UG first Professional year, focusing on anatomical structure of the skull and its foramina. The session was about the overview of the bones of skull including the cranium and facial bones. Discussion on major foramina and the anatomical structures passing through them. An interactive question and answer session to address student queries. The session was both engaging and highly informative. The students found the lecture clear and interesting.

